



# YOGA RETREAT IN GOLDEN DAHAB

with Lenka Nezvalová & Lucie Königová

6th - 13th April 2009

TREAT YOURSELF TO SEVEN DAYS OF YOGA,  
RELAXATION AND EXPLORATION AT ONE OF  
THE MOST BEAUTIFUL BEACHES OF EGYPT!

WITH ITS GOLDEN SANDS AND MAGICAL SUNSETS,  
DAHAB IS A TREASURE TROVE OF INSPIRATION.

*The Blue Beach Club Hotel is an abode of calm joy. Let it charm you with its captivating Arabic décor, turquoise pool and delicious, wholesome meals. Only a camel-ride away from Mount Sinai, you can enjoy swimming, windsurfing or diving in the Red Sea, go on over-night safaris, ride horses and get mesmerised by the rich and fascinating culture of the Sinai Peninsula – the bridge between Africa and Asia.*

*Enjoy and deepen your practice in two yoga sessions a day and get the opportunity to explore and experiment. This week may be your time to try, ask and share, to shift from external cues to your internal mindfulness.*

*Join us to salute the Sun, the Spring and the Sinai at our yoga retreat in Dahab!*

**Price: CZK 6,800 (€250)**

**Price includes: 6 nights' accommodation in a double room incl. breakfast, airport transfer, rental fees & yoga classes. Price excludes airfare, insurance, lunches & dinners.**

**Upgrades & single rooms are available. ([www.bluebeachclub.com](http://www.bluebeachclub.com))  
To book your flight try [Startour.cz](http://Startour.cz) or [Fractal.cz](http://Fractal.cz)**

**Bookings and more info:**

**Martina, on [marti.prochazkova@seznam.cz](mailto:marti.prochazkova@seznam.cz) or +420 725 567 020.**

**Deposit Policy:** a non-refundable deposit of CZK 3,000 (€110) is required by 6 February 2009 to hold your place, with the balance due on 6 March 2009.

**Cancellation Policy:** In the event of cancellation your entire payment will be refunded less the deposit of CZK 3,000 (€110) if the cancellation is made before 6 March 2009. Payments are non-refundable after this date.